



Cottonwood Heights, UT | April 2020 | **FREE**

NEWSLETTER

www.ch.utah.gov

FOR THE LATEST CITY UPDATES DURING THE PANDEMIC, PLEASE FOLLOW US ON SOCIAL MEDIA @CHCITY AND LOOK AT OUR WEBSITE, WWW.CH.UTAH.GOV/COMMUNITY/COVID-19

Dear Residents of Cottonwood Heights

By Mayor Mike Peterson



As you are all aware we are experiencing an unprecedented situation in our community. The COVID-19 pandemic has greatly impacted our daily

lives in one way or another.

It is with tremendous gratitude that I write this message. Thank you for your

cooperation, thank you for your commitment, and thank you for your willingness to accept social distancing guidelines. We understand the burden this Coronavirus has placed on our families, community, and country. We could not fight this threat without a total commitment from our citizens.

The City of Cottonwood Heights has taken significant measures to help flatten the curve of this virus. We have not closed any essential city services, but we have significantly altered the way in which they

are delivered. From reduced hours at City Hall, to measures implemented to protect the general public, we are committed to the health and safety of our residents.

We are in direct contact with Salt Lake County Mayor Jenny Wilson, the Salt Lake County Health Department, and the Salt Lake County Unified Command who lead the efforts in confronting the Coronavirus pandemic. Cottonwood Heights Emergency Management Staff virtually attend meetings daily and report effectiveness, as well as

"Message From The Mayor...", continued on page 3

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COVID-19 PANDEMIC

Cottonwood Heights City Declares Emergency Amid COVID-19 Pandemic

All city functions to continue under limited operational hours at City Hall

On March 16th, Cottonwood Heights Officials declared an emergency in response to the Coronavirus situation, like other cities in Salt Lake County. In addition, the city has limited its operational hours to reduce possible exposure to employees and visitors alike and canceled the City Council meeting that was scheduled for March 17.

“Effective Tuesday (3/17) we will limit our operational hours here at City Hall,” said City Manager Tim Tingey.

“We will also issue a declaration of a state of local emergency that allows a municipality to access state and federal emergency funding and assistance, as well as authorize the invocation of rules and actions reasonably designed to protect the public health, safety and welfare, including ingress/egress restrictions, curfew, and other preventative or ameliorative actions,” he continued.

“While there currently are no plans to use

all those powers (such as curfew), we feel this declaration is necessary to assure that the city is quickly able to do all it can to mitigate the potential impacts and spread of the coronavirus. The health and safety of our residents, employees, and patrons is paramount. We will continue to monitor this situation very closely and will reevaluate our decision as the situation evolves.”

In addition to the cancellation of the March 17 meeting, Mayor Mike Peterson and Tingey made the decision to reduce the frequency of City Council meetings to once a month and through virtual means until this situation is resolved.

“We will cease to hold public meetings in our City Hall during this crisis,” added Mayor Peterson. “Teleconferencing will be the norm as we move into this stage, and we will provide more dates and details to the public as they become available.”

Effective March 17, Cottonwood Heights City

Hall hours will be the following:

Mondays: 8 a.m. to noon

Wednesdays: 2 p.m. to 5 p.m.

Fridays: 8 a.m. to 10 a.m.

CLOSED Tuesdays and Thursdays

All essential city functions will continue to operate, and city employees will be available. Patrons are encouraged to make appointments to meet at City Hall and use electronic and virtual means whenever possible. Police and Fire personnel will continue to be available 24 hours a day and will respond to all calls. Public Works staff will continue to respond to right-of-way emergencies immediately, and snow removal will continue under current city policies and procedures, as needed. ■

FEELING SICK? Call first.

Don't take your illness to the waiting room.



BROUGHT TO YOU BY
UTAH'S PUBLIC HEALTH
DEPARTMENTS

 CORONAVIRUS
UTAH.GOV

Cancellations & Postponements

Easter Egg Hunt and Teen Easter on ice canceled

Matilda - postponed

Film Festival - canceled



"Message From The Mayor...", continued from cover

necessary changes, in current strategies. The city then communicates this information through our city's website. We encourage all residents reference our website and to follow us on Facebook and Twitter where we post the latest virus information and recommendations.

We encourage you to contact us via email or telephone with any questions or concerns. The city hall main telephone number (801-944-7000) is being answered Monday through Friday from 8:00am to 5:00pm. Our staff is available during temporary, modified business hours: Monday, 8-noon; Wednesday, 2-5; Friday, 8-10; closed Tuesdays and Thursdays. Our police and fire departments are on duty 24 hours a day. If you feel that you need to meet in person, we encourage precautionary measures such as keeping a safe distance of at least six feet from others.

We ask that each of our residents and visitors respect and adhere to the hygiene recommendations listed below to combat the spread of this virus. It is of paramount importance that citizens be educated and proactive in measures that can slow the spread of COVID19 in our community. Key public prevention measures include:

- Wash your hands often with soap and warm water for 20 seconds and/or use an alcohol-based hand rub
- Avoid close contact with anyone who is experiencing flu-like symptoms
- Cover your mouth when coughing or sneezing
- Avoid touching your mouth, nose, and eyes

FEELING SICK? Stay home.
Don't take your illness to work.

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DEPARTMENTS

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FEELING SICK? Don't spread it.
Call before you go to a hospital or doctor.

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- If you are experiencing symptoms, stay home

We recommend and encourage residents to opt out of attending large mass gatherings. As a city we have postponed mass gatherings and most public functions. We strongly encourage residents to practice social distancing to reduce the potential spreading of the virus and choose the option to shelter in place whenever possible.

It is critically important that residents use 911 for emergencies only. If you develop a cough, fever, or difficulty breathing and have traveled recently with a widespread outbreak of COVID-19, you should consult traveler's guidance information from the Centers for Disease (CDC). This content is regularly monitored and updated. As always, you should consult your primary care provider or local clinic directly with questions regarding your own health.

The Utah Department of Health has established a hotline for questions about COVID-19 at 1-800-456-7707 and has information on their website coronavirus.utah.gov.

Additionally, the experts at the Salt Lake County Health Department have asked that community members reference www.cdc.gov for information. Additional resources and links can be found on our website at www.cottonwoodheights.utah.gov/community/covid-19

We assure you that we will continue to respond to your public safety emergencies and conduct daily city operations for our residents and businesses while complying with recommended guidelines to keep us all safe during this COVID-19 pandemic.

Respectfully yours,
Mayor Mike Peterson ■

BACKGROUND

Coronaviruses are a large family of viruses, some causing illness in people and others circulating among animals including camels, cats and bats. Based on other coronaviruses, people infected with COVID-19 should be considered to be contagious from the day of fever onset until 10 days after fever ends, or until appropriate laboratory testing shows the patient is no longer contagious. Coronaviruses typically have an incubation period of 2-14 days after exposure. The specific incubation period for this coronavirus is unknown. More information can be found at <https://coronavirus.utah.gov/>.

Novel Coronavirus (COVID-19)

This illness can be mild. However, in some cases it is severe enough to require hospitalization. If you have traveled recently or are planning to travel to a country with a widespread outbreak of COVID-19, you should consult the CDC's guidance for travelers, which is regularly updated as the situation changes.

WHO is at risk?

- People who live in or who have returned from an area with ongoing spread of COVID-19
- Individuals with close contact to a person with COVID-19

HOW is it spread?

- Through the air after coughing or sneezing
- Close personal contact with an infected person
- Touching an object that has the virus on it, then touching your mouth, nose or eyes

WHAT are the symptoms?

- Fever
- Cough
- Shortness of breath

Symptoms may appear in as few as 2 days or as long as 14 days after exposure

To prevent illness



Wash your hands often



Avoid contact with people who are sick



Avoid touching your mouth, nose or eyes

Enfermedad del Coronavirus (COVID-19)

Esta enfermedad puede ser leve. Sin embargo, en algunos casos es lo suficientemente grave como para requerir hospitalización. Si usted vive o ha estado en una área donde hay propagación continua de COVID-19 en los últimos 14 días y tiene estos síntomas, comuníquese con su proveedor de atención médica y cuénteles sobre sus síntomas y viajes.

¿Quién está a riesgo?

- Personas que viven o que han regresado de una área con propagación continua de COVID-19.
- Individuos con contacto cercano a una persona con COVID-19.

¿Cómo se contagia?

- Por el aire después de toser o estornudar.
- Contacto cercano con una persona infectada.
- Tocando un objeto que tiene el virus, y luego tocando su boca, nariz, u ojos

¿Cuáles son los síntomas?

- Fiebre
 - Tos
 - Dificultad para respirar
- Los síntomas pueden aparecer en tan solo 2 días o hasta 14 días después de la exposición.

Para prevenir enfermedad



Lávese las manos frecuentemente



Evite contacto con personas que están enfermas



Evite tocarse la boca, la nariz o los ojos

ATTENTION

IF YOU

have been to an area with ongoing spread of COVID-19 or had close contact with someone infected with COVID-19



AND YOU HAVE



FEVER



COUGH



TROUBLE BREATHING

TELL STAFF IMMEDIATELY!



Wash your hands
Wash hands often with soap and water



Cover your coughs and sneezes
Use a tissue or your sleeve, not your hands



Avoid touching your face
Do not touch your eyes, nose, or mouth with unwashed hands.

Call 1-800-456-7707 or visit coronavirus.utah.gov for more information. Reproduced with permission from the New York City Department of Health and Mental Hygiene.

ATENCIÓN

SI USTED

ha estado en una área donde hay propagación continua de COVID-19 o ha tenido contacto cercano con alguien infectado con COVID-19



Y USTED TIENE



FIEBRE



TOS



PROBLEMAS PARA RESPIRAR

¡AVÍSENOS DE INMEDIATO!



Lave sus manos
Lávese las manos frecuentemente con agua y jabón



Cubra su tos y estornudos
Use un pañuelo de papel o sus mangas, no sus manos



Evite tocarse su rostro
No se toque sus ojos, nariz o boca sin haberse lavado las manos

Para más información, llame al 1-800-456-7707 o visite coronavirus.utah.gov. Reproducido con permiso del Departamento de Salud e Higiene Mental de la ciudad de Nueva York.

Coronavirus and Masks

Surgical-Type Masks

- Help prevent your respiratory droplets from making others sick.
- Do NOT prevent you from inhaling airborne germs.
- Should be saved for when you're sick and have to leave home for medical care or an emergency.

N95 Respirator Masks

- Can help keep germs out.
- Must be individually fit-tested and worn correctly.
- Should be reserved for specific people who are at the greatest risk.
- Widespread public use is unnecessary.

What is Social Distancing?

"Social distancing" is a conscious effort to reduce close contact between people to hopefully help limit community transmission of an infectious disease.

High-Risk Group (over 60 or with health concerns)

- Stay home as much as possible.
- When you must go out, do so in off-hours or visit only the most sparsely populated places.

Low-Risk Group (young and generally healthy)

- Choose to avoid the bar or restaurant that tends to be packed tight with people.
- Visit establishments with plenty of space between tables.

Don't Overwhelm Medical Services

Feeling sick? Before you go to the doctor...

- Call to receive instructions before visiting a hospital or clinic.
- Consider utilizing a telemedicine service.

Healthy, but have questions or concerns?

- DO NOT visit a healthcare facility—"worried well" individuals are flooding healthcare providers with COVID-19 concerns, and exhausting health care resources for those who are truly in need.
- Call 1-800-456-7707 with questions or concerns.



Utah Coronavirus Hotline
1-800-456-7707

Wipe Down Commonly Touched Items

- Door knobs
- Light switches
- Telephones
- Computer peripherals
- Tables
- Desks
- Workstations
- Railings
- Break rooms
- Other items touched daily

Follow EPA Guidelines

- Use a product listed on the U.S. Environmental Protection Agency's list of *Disinfectants for Use Against SARS-CoV-2* at epa.gov.
- Be sure to follow all label directions and precautions when using the product.



Utah Coronavirus Hotline
1-800-456-7707

FEELING SICK? Stay home.

Don't take your illness to church.



BROUGHT TO YOU BY
UTAH'S PUBLIC HEALTH
DEPARTMENTS



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

2/2020 4 March 19, 10:11 AM

SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include

FEVER



COUGH



*Symptoms may appear 2-14 days after exposure.

SHORTNESS OF BREATH



Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



2/2020 4 March 19, 10:11 AM

For more information: www.cdc.gov/COVID19-symptoms

UTAH CORONAVIRUS INFORMATION LINE



Do you have questions about COVID-19? We are here to help. Please call.

1-800-456-7707

A word from Salt Lake County Officials

We appreciate the efforts and significant response from our cities following the 5.7-magnitude earthquake that occurred March 18.

The earthquake happened at 7:09 a.m. with the epicenter in Magna. In the weeks since, there have been over 400 aftershocks reported. None of the aftershocks have been to the same magnitude of the initial quake.

There is a 5 percent chance that we could get a larger earthquake. The following is a link to the USGS forecast: <https://earthquake.usgs.gov/earthquakes/eventpage/uu60363602/oaf/commentary>.

We have not had any fatalities reported and only minor injuries. In the event of a significant earthquake, Salt Lake Emergency Management asks the public to stay off the roads and shelter in place.

Salt Lake County Emergency Coordination Center (ECC) was already operational due to COVID-19 when the earthquake occurred. Thank



you for the preparedness of our community. The transition to manage this incident has been smooth and seamless. Salt Lake County continues to work on COVID-19 response as we have the immediate needs before us.

We ask residents to stay calm, shelter in place, and report items of concern. Emergency Crews have been busy and we encourage residents to dial 911 only in the case of emergency. ■

Natural Gas protocol after an earthquake for single family dwellings and other buildings.

What should I do if I smell natural gas?

- Evacuate the building or area immediately;
- Do not use light switches, telephones or other electrically operated devices that may spark and ignite the gas;
- Do not light a flame;
- Do not start a motor or vehicle; and
- Call Dominion Energy at 1-800-767-1689 or dial 911 from a safe distance.

You should only shut off your gas at the meter if:

- There is structural damage to your home;
- You smell natural gas;
- You hear natural gas leaking;
- There is a fire; or
- Dominion Energy requests that you do.

*****Caution: Do not shut off the gas if doing so jeopardizes your safety.*****

If you don't smell gas and there is not any structural damage, you don't need to turn off the natural gas. You may need it for your home heating, cooking and utilities.

Please refer to www.dominionenergy.com for more information ■



Dominion Energy®



Earthquake Recovery in Utah

March 2020 Magna Earthquake

As we begin the recovery efforts of the 5.7-magnitude earthquake that occurred on March 18, we would like community members to do a visual assessment of their home or business.

Steps to take

- Look for cracks in the foundation
- Look for damage to exterior or interior walls, including cracks, ceiling and floor issues, lighting damage, windows and doors that do not open properly and roof damage
- Take photos to document the damage
- Contact your city if you need assistance

Contact

If you have damage and would like to have your home or building inspected, access the following assessment survey link and complete the online form at: <https://arcg.is/40zbe0> The UR code to the form can also be accessed here:



American Red Cross

With the continuation of aftershocks and the possibility of additional earthquake activity, the Red Cross offers safety tips via their Earthquake Mobile App available for free download at Mobile App. Anyone needing a place to stay or assistance after the

Magna Earthquake, please call the American Red Cross.

1-877-RED CROSS
1-877-733-2767

Red Cross updates on social media

Facebook: facebook.com/RedCrossUtah
Twitter: twitter.com/RedCrossUtah
Instagram: instagram.com/RedCrossUtah

If you have already had an inspection, email your information to DamageAssess@ch.utah.gov

For questions or problems, you encounter, call 801-944-7100

SURVEYS MUST BE COMPLETED BY APRIL 22, 2020 ■

