



Cottonwood Heights, UT  
October 2019 • FREE

# NEWSLETTER



[www.ch.utah.gov](http://www.ch.utah.gov)

## Thank You for 8 Years Filled with Accomplishments By Council Member Mike Shelton



It has been my privilege to serve on the Cottonwood Heights City Council for the last eight years. During that time, we accomplished a lot as a city. We built parks, buildings, trails, roads, parking lots, storm drains, and a host of plans. We

put on many memorable events and productions. We changed some laws, and others we left in place.

We operated within our budget and put away some money for a rainy day. We responded quickly when residents needed emergency personnel. We took some impaired drivers off the road and sent "bad guys" to jail. We found a better way to plow snow. We saw some great people move on to other careers or retirement, and we were fortunate enough to hire great people to take their places.

People called, wrote and showed up to talk about what we were doing, what we should be doing or what we should not be doing. We often did what they hoped we would, but sometimes we did not. Even when I disagreed with them, I came to always appreciate their willingness to show up and stand up for what they thought was important. Sometimes history showed my deeply held convictions to be right, and sometimes it showed them to be wrong. I came to understand that nearly every person who involved themselves was just trying to make this a better place to live and work.

It was always a pleasure when a resident asked if I could help. Despite the worry expressed by many when they approached me, I was never inconvenienced by their requests. As a general rule, city officials at every level really want to help and appreciate the opportunity when it presents itself.

As a Council, we often agreed about what to do for the city, but sometimes we disagreed. In the

*"Thank you..."*, continued on page 3

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## Wasatch Boulevard Design Workshop – Phase 2

On behalf of Cottonwood Heights and UDOT, thank you to those who participated in Phase 1 of the Wasatch Boulevard design charrette. The second and final phase of this public design process will be held from 6 to 7:30 p.m. on Oct. 14-16 at City Hall. The project team will present various concepts for the Wasatch Boulevard corridor based on the results of the visioning workshop held on Sept. 11. The upcoming design charrette will consist of a three-day interactive design workshop with the city, Utah Department of Transportation and the public. Concepts will be generated by the design team during the day and presented for review during evening sessions. Refinements based on public input will be made each ensuing day and again presented for feedback. Public open houses will be held on Oct. 14, 15 and 16 from 6 to 7:30 p.m. Community members are invited to attend at their convenience to review design proposals and provide feedback to the project team.



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**RHYTHM IN THE HEIGHTS**

7530 S 2700 E • Butler Middle School Campus  
 Visit [arts.ch.utah.gov](http://arts.ch.utah.gov) for details  
**October 12, 2019**  
**7:00 pm**

Tickets \$5 adults | \$3 students/seniors  
 Family package \$20 for family of seven  
 Tickets sold at the door

Featuring the Riverton Jazz Band, vocalists and dancers.

**MONSTER MASH**

**Friday, October 25, 2019**  
**5 - 7 P.M.**  
**CH REC CENTER - 7500 S. 2700 E.**

Free activities for age 12 and under include carnival games, ice skating and more!  
 Guest appearances by Belle & Spider-Man from 5:30 - 7:00 p.m.

Please join us for our annual

**TRUNK OR TREAT**

presented by the CHBA

**THURSDAY, OCTOBER 31**  
**3 - 5 P.M.**  
**COTTONWOOD HEIGHTS CITY HALL PARKING LOT**

**FUN PRIZES**

# Meet the Candidates Night

at  
 Cottonwood Heights City Hall.  
 2277 E Bengal Blvd  
**Thursday October 10th, 2019**  
**6:30-8:30pm**

<p><u>District 1</u></p> <p>Deborah Case Doug Petersen</p>	<p><u>District 2</u></p> <p>Scott Bracken Tim Hallbeck</p>
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Cottonwood Heights residents will have the opportunity to speak with the four candidates from Council Districts 1 and 2 running for office in the upcoming general election during the city's Meet the Candidates Night at Cottonwood Heights City Hall on Thursday, Oct. 10 from 6:30 p.m. through 8:30 p.m. We encourage all residents to take this opportunity to meet your candidates for City Council seats in these districts. ■

## Mayoral Town Hall

Please join us for an important Town Hall meeting on Stewardship of our Air and Climate. Mayors Kurt Bradburn (Sandy), Mike Peterson (Cottonwood Heights) and Jeff Silvestrini (Millcreek) will discuss what their cities are doing to address air quality and climate change along with other local experts on **Thursday, Oct. 3, 6:30-8:30pm, Albion Middle School, 2755 Newcastle Dr., Sandy.** The event is being organized by the nonpartisan Citizens' Climate Lobby. ■

*"Thank you..."*, continued from cover

times where my point of view did not prevail, I always appreciated that I had been given the opportunity to express my conviction safely and be heard. When a decision was made, we all tried to move forward without looking back. There is a reason that important city decisions are made by committee: The majority is much more likely to get it right.

While I am extremely proud of many significant accomplishments, I may be equally proud of some things that we chose not to do. I came into government with a belief that larger government was not the answer to all problems.

A city is constantly hit with all kinds of ideas that if adopted would create demands on its resources. There are never enough resources to do all that people would like to see done. It becomes the easy path to say: "If some residents want it, we will just raise taxes on all to pay for it." Sometimes it is more difficult to remember that by demanding a greater percentage of a family's annual income to operate government, we keep them from using that money on what they think is most important. In the case of fixed income families, we may even keep them from being able to afford what they need.

Over the past several years, we have evaluated lots of new ideas and several potential new revenue sources for the city. During the last eight years, we implemented a new tax that adds 6 percent to every electrical and gas utility bill in the city. Last

year, this energy use tax cost the average household around \$200 (depending on energy use) and resulted in about \$1,991,000 of the city's revenues.

We raised the property tax by about 13.5 percent. We considered raising it by a larger percentage but in the end decided that we could meet our obligations with a smaller amount. Last year, this raise cost the average resident about \$60 in increased taxes and resulted in about \$850,000 in new city revenues.

We also debated at length the implementation of a new tax on telephone bills (landline and cellular). In the end, we decided not to implement that additional tax. It would have been easy to impose the telecommunications tax. Virtually everyone else had done it. But as my mother taught me as a child, "Just because everyone else is doing it, doesn't make it right."

When we looked at imposing new taxes, we looked at the percentage of the average Cottonwood Heights family income demanded by the city in all the various taxes we impose. We looked at the escalation of city spending to see if it was out of line with inflation and with average resident family income growth. We compared overall taxes demanded of residents of Cottonwood Heights to those charged by our neighboring cities. In the end, I'm proud that we did not jump off the cliff and add new taxes just because others had jumped.

It would have also been easy to justify a low level of maintenance of our roads and our storm drains

because "nobody is doing it" better than we are. I'm proud that we did not neglect the investments that we had already made and began executing a plan to improve road maintenance.

In final months of this year, we will begin to debate the implementation of a new storm water tax. It may be that this will be necessary to pay the costs of improving our storm water maintenance, but I'm confident that this idea will face the same scrutiny that those previous tax increase proposals faced.

I'm proud that we did not take residents property by eminent domain even when it might have been easier to do that. We purchased several pieces of private property, and to my knowledge, that property was always purchased on terms and at prices agreed to by the seller.

I'm proud of the amenities that we did not build because we could not build them without demanding a greater percentage of residents' income to build and operate them. I'm proud of the tickets and citations that we did not issue when not writing them solved the problem.

The greatest part of being involved has been the people. I'm proud to have been a small part of a great team. That team includes residents, business owners, city employees, elected officials and a significant number of volunteers who all have played an important role in making Cottonwood Heights the city that we love. ■

## Bonneville Shoreline Trail Volunteer Opportunity

The Bonneville Shoreline Trail Committee, Wasatch Mountain Club and Cottonwood Canyons Foundation are hosting a volunteer work day on the soon-to-be-completed section of the Bonneville Shoreline Trail running from Big Cottonwood Canyon to Ferguson Canyon. The volunteer day, scheduled for Saturday, Oct. 12, will involve trail cutting and stump removal. Those interested in helping out should meet at the Big Cottonwood Canyon Park & Ride (3653 Fort Union Blvd.) at 8 a.m. for a safety briefing and to sign a participation waiver. Groups will then be shuttled to the work site by 9 a.m. and then back to the Park & Ride by 1 p.m. Participants should come prepared with sturdy shoes, gloves, long pants, safety/sunglasses, water and snacks. For details, contact Cottonwood Canyons Trails Director Patrick Morrison, trails@cottonwoodcanyons.org. ■



*Hannah Meenach, Cottonwood Canyons Foundation invasive weeds coordinator, educates volunteers on Dyers woad, a noxious weed common in the Wasatch Front Canyons. Volunteers removed 494 pounds of weeds from the Bonneville Shoreline Trail route running from Big Cottonwood Canyon to Ferguson Canyon on May 11. Volunteers will return to the same area to work on trail cutting and stump removal on Oct. 12.*

# Avoid Online Sexual Assault Medical Kits

By CHPD Chief Robby Russo



These days you can find just about anything with a few clicks on the computer; items designed to sidestep police and forensic nurse examiners ought not be among

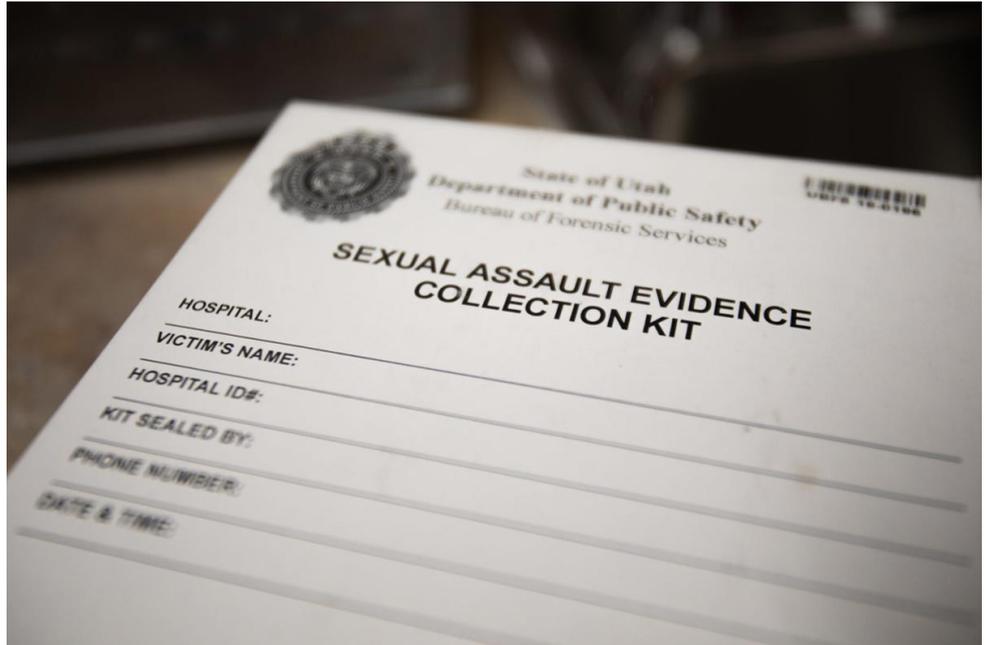
them. I noticed online retailers marketing “do-it-yourself evidence kits” targeting survivors of sexual assault. The product description offers a “sexual assault evidence collection kit containing all of the tools and step-by-step directions needed for the proper collection of evidence if going to the police or medical facility is not an option.”

We live in confusing times and navigating the criminal justice waters can be difficult, but it would be devastating for any victim to learn that the self-collected/stored evidence may not be admissible in court and that chances of justice are compromised.



Salt Lake County District Attorney Sim Gill said it well: “The monetary exploitation of trauma for profit is bad enough, but when that exploitation gives false hope and may compromise the very evidence and make it unusable thereby making the delivery of justice impossible, then it’s unforgivable.”

Here are some facts to help victims make



better informed choices: When you reach out to law enforcement or go straight to the hospital, they will call our answering service for one of our sexual assault nurse examiners (SANE) to come directly to you at the emergency department. You are in control! You get to decide whether you speak with police, if you want the kit submitted to the crime lab and how much of the exam you would like performed. Properly securing evidence gives survivors choices and options for use later within the judicial system.

Sexual Assault Nurse Examiners (SANE) are registered nurses who have completed specialized education and clinical preparation in the medical forensic care of the patient who has experienced

sexual assault or abuse. The SANE nurse will treat for sexually transmitted infections, address pregnancy risk and provide emotional support and resources to help victims begin the process of healing. By providing sensitive care in a timely manner, we help to lessen the long-term physical and emotional complications of this devastating crime. Those services are not included for \$29.95 in the online kit and there is never any cost to the victim within our existing system.

I hope you will never need this assistance, but the numbers suggest someone you care about will. Let’s do this the right way in support of your health, safety and justice. ■

## Cottonwood Heights Hosts Town Hall Meeting toward Addressing Canyon Traffic

The Mayor, City Council and staff will be hosting a Town Hall meeting to share information and obtain input on possible interim measures to address the impacts of canyon traffic. The meeting will be held on **Monday, Oct. 7 from 6:30 to 8 p.m. at the Cottonwood Heights City Hall Community Room** located at 2277 E. Bengal Blvd. We invite all with interest to attend and

provide input. Once the input is obtained, we will share the information with other governmental jurisdiction representatives including the Utah Department of Transportation, Central Wasatch Commission, Utah Transit Authority and others involved in monitoring and addressing traffic near Big and Little Cottonwood canyons. ■

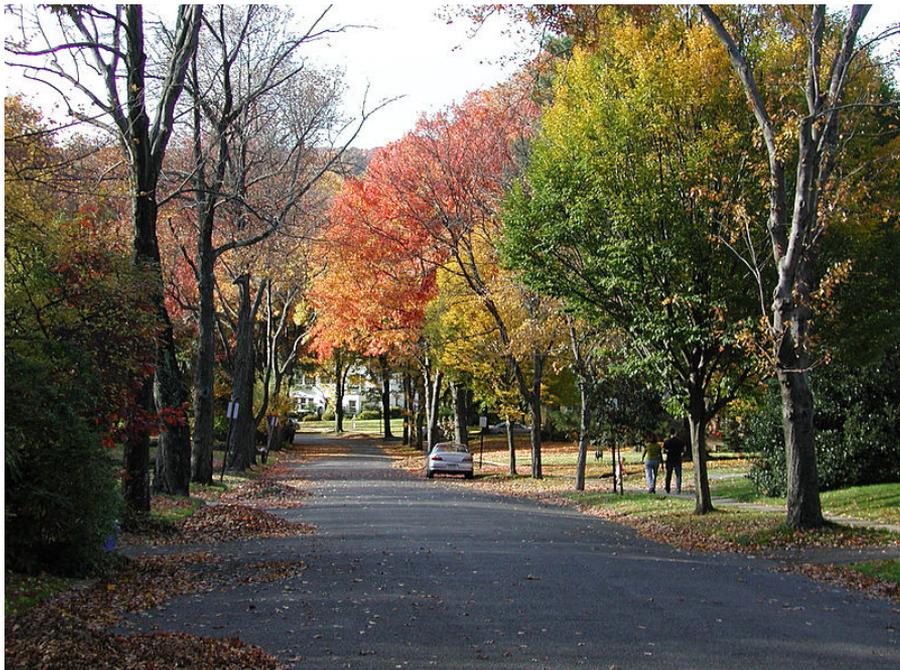


# Time for Leaf Cleanup

With the fall months approaching, we would like to remind the residents of Cottonwood Heights that it is the responsibility of each resident to clean up the leaves that fall from your trees. By the municipal code of the city, it is prohibited to push any material onto public streets or sidewalks. Organic matter including leaves, grass clippings and yard waste present a significant problem when they are left out in the gutter or sidewalk and not removed

and properly disposed of for the following reasons:

- Leaves can clog storm drain grates and cause streets to flood. Furthermore, they can clog the underground pipes that carry the untreated water to Big and Little Cottonwood creeks.
- When organic matter decomposes naturally in water, it depletes the water of oxygen. This is extremely harmful to aquatic life in our local creeks.



Cottonwood Heights owns one street sweeper that can go a maximum of 5 miles per hour to pick up debris from the gutter. With over 250 miles of road to sweep, it is impossible for the street sweeper to pick up leaves from all the city streets before wintertime. The street sweeper also must make more trips back to the public works yard to dump the material when it could be out sweeping other streets.

What you can do to help is collect your leaves and either compost them or bag and dispose of them. Beginning Oct. 1, you can pick up 10 free leaf bags provided by Wasatch Front Waste & Recycling District from Cottonwood Heights City Hall (2277 E. Bengal Blvd.), Cottonwood Heights Recreation Center (7500 S. 2700 East) and Cottonwood Heights Fire Station (1790 E. Fort Union Blvd.). The leaf bags can be dropped off at Bywater Park (3149 E. Banbury Rd.) between Oct. 15 to Nov. 30. ■



THE COTTONWOOD HEIGHTS ARTS COUNCIL PRESENTS THE 2019

# ART SHOW

Art is on exhibit at Cottonwood Heights City Hall during the month of October.  
Artist reception **October 3<sup>rd</sup> from 7-9 pm.** City Hall - 2277 East Bengal Blvd

Cottonwood Heights ARTS COUNCIL

ZAP it is you! arts & museums Cottonwood Heights

## History Question of the Month

Where does our culinary water in Cottonwood Heights come from and why was the Little Cottonwood Treatment Plant built when the Salt Lake Aqueduct was already in place?

Answer on page 6

# Answer

**Question,** continued from page 5

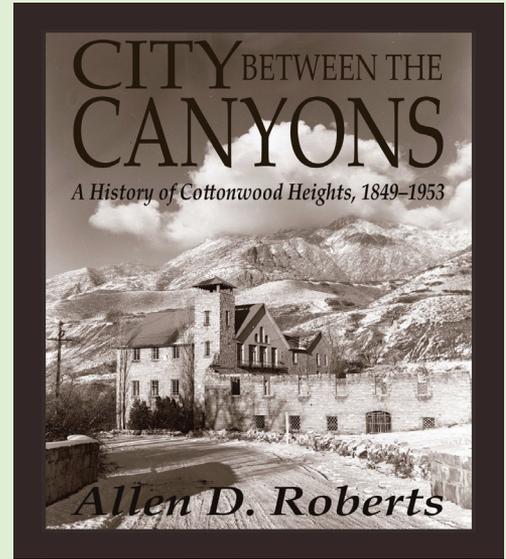
The Metropolitan Water District of Salt Lake and Sandy owns and operates two large aqueducts for the purpose of conveying water. The Salt Lake Aqueduct (SLA) is a 42-mile long pipeline that carries water from Deer Creek Reservoir in Wasatch County to a storage reservoir in Salt Lake County. The Point of the Mountain Aqueduct (POMA) is the connecting pipeline between the Point of the Mountain Water Treatment Plant and the Little Cottonwood Water Treatment Plant. This 12 miles of pipeline travels from Draper to Cottonwood Heights.

The Little Cottonwood Water Treatment Plant (LCWTP) was built to provide water for the burgeoning population of Salt Lake City and the Sandy/Cottonwood Heights area. The LCWTP was completed in 1960 and designed to treat 113 million gallons of water per day. The capacity of the plant was increased to 143 million gallons of water per day in 2007. Other major improvements also were made. The plant is positioned inline with the Salt lake Aqueduct such that raw untreated water can enter the plant and finished/treated water can be transported through SLA to the terminal reservoir. Only 15 percent of the treated water goes to Salt Lake City. The remainder is supplied to the Sandy/Cottonwood Heights/Holladay areas. Additional water from Little Cottonwood Creek and Bell Canyon is also treated and used. ■

# Buy the Book!

Stories like this can be found in the book "City Between the Canyons: A History of Cottonwood Heights 1849-1953."

The book would be a great gift. Pick up yours at City Hall.



# AQUATICS

## REGISTER FOR PROGRAMS

- **Swimming Lessons**
- **Pre-Comp Swimming**
- **Boy Scouts**

**Additional Open Plunge (Indoor Pool)**

**Tuesdays and Thursdays (11am-2pm)**  
**Fridays (11am-4pm)**



# THANKSGIVING DAY 5K

**Sign up now!**  
[runcottonwoodheights.com](http://runcottonwoodheights.com)



Sign up (online only). Deadline is October 31st.

**WE'RE HIRING REFEREES!**  
**CALL NOW!**

chparksandrec



COTTONWOODHEIGHTS.COM

### City Council Members

- MAYOR** - Michael J. Peterson
- DIST# 1** - Michael L. Shelton
- DIST# 2** - J. Scott Bracken
- DIST# 3** - Tali C. Bruce
- DIST# 4** - Christine Watson Mikell
- CITY MANAGER** - Tim Tingey

### City Office

2277 E. Bengal Blvd  
 Cottonwood Heights, UT 84121  
 Phone .....801-944-7000  
 Fax.....801-944-7005

### Numbers to Know

Emergency.....911  
 Dispatch .....840-4000  
 Fire Authority.....743-7100  
 Animal Control .....840-4000  
 Justice Court.....273-9731

### Call Direct

City Manager .....944-7010  
 City Planning .....944-7065  
 Public Works .....944-7000  
 Recorder .....944-7021  
 Finance Director.....944-7012  
 Code Enforcement.....944-7095  
 Police Administration.....944-7100

### City Council Meetings

- Oct. 1** - Work Session 5 p.m.,  
Business Meeting 7 p.m.
- Oct. 15** - Work Session 5 p.m.,  
Business Meeting 7 p.m.

*(Work session reconvenes after business meeting.)*  
*Agendas are posted 24 hours in advance of public meetings.*  
*For details about the agendas, go to: [www.ch.utah.gov](http://www.ch.utah.gov)*

### Planning Commission

The Planning commission holds meetings at 6 p.m. on the first Wednesday of each month. This month's meeting will be held on Oct. 2.

### Editors

Tim Beery, Kim Horiuchi

### Graphic Designer

Megan Pace

# Recycling Survey Results

In July, Wasatch Front Waste & Recycling District conducted a districtwide Recycling Survey. From a total of 6,035 responses to this survey, 649 (10.8 percent) responses came from Cottonwood Heights.

Although comments from residents in Cottonwood Heights have suggested changing to biweekly recycling collections to reduce costs, there are 78.1 percent who place their recycling can out each week. This is within the national averages reported in waste and recycling reports.

The primary goal for the survey was to obtain information on districtwide support of continuing recycling efforts due to the increasing global challenges, as well as to see if there would be support for a fee increase to maintain services. In Cottonwood Heights, 81 percent indicated that they support continued recycling services, and 81.5 percent said they would support a fee increase to continue current level of services. ■



# Fall Leaf Collection

The annual Fall Leaf Collection Program will begin on Oct. 15 and last through Nov. 30. During this time, Cottonwood Heights residents can pick up leaf bags at:

- Cottonwood Heights City Hall: 2277 E. Bengal Blvd.
- Cottonwood Heights Recreation Center: 7500 S. 2700 East
- Whitmore Library: 2197 E. Fort Union Blvd.

Leaf bags can be dropped off at:  
 Bywater Park: 3149 Banbury Road (7420 South)



WFWRD leaf bags are limited to 10 bags per household, and available while supplies last. Residents can also use and drop off their own purchased leaf bags or lawn bags, as long as they only contain leaves. ■



# Business Spotlights



## JQ Medical Supply | 6910 Highland Dr., Suite 4

JQ Medical Supply is a family-owned business that specializes in diabetes pumps and CGMs, compression, ostomy and medical supplies. Customer service is JQ's No. 1 priority. JQ Medical Supply has an experienced and friendly staff to assist you. They accept many insurance plans such as DMBA, BCBS, SelectHealth, EMIA, PEHP, U of U, Tricare, Medicare, Wise/Motif and more.

JQ Medical was founded in 1994 by Jan Quigley who was raised in Utah and has lived in Cottonwood Heights for more than 28 years. Many of her employees have been with the company for 25 years, devoting their time to assisting their customers. Come join the JQ Medical Supply family! ■

## Saola | 7307 Canyon Centre Parkway

**SAOLA**

SAOLA means "rare star" in Vietnamese. When you enter SAOLA Restaurant & Lounge, you will see a modern, beautifully appointed dining room. The decor is simple because the food is the star. The cuisine ranges from the traditional to the modern, street food, sushi and global dishes through the lens of Vietnam. Like the cuisine of Vietnam, it is always evolving.

The owners of SAOLA were brought to America from Vietnam as children. They grew up in their parents' restaurants and learned the secrets of authentic, delicious food. SAOLA's mission is to share the wonderful stories and experiences of all Vietnamese Americans through delicious meals handcrafted with the highest quality ingredients — dedication, passion and heritage. ■

# Ribbon Cutting

Canyons Veterinary Clinic | Friday, Oct. 11 at 4 p.m. | 1930 E. Fort Union Blvd.



Canyons Veterinary Clinic is a brand new, purpose-built small animal practice opening in Cottonwood Heights. Dr. Heather Moreau and her team are excited to be joining a vibrant and active community of animal lovers and look forward to developing relationships with its dog- and cat-loving members.

The upcoming Ribbon Cutting ceremony will feature an open house and light refreshments. Please stop by for a tour of their facility and get to know their amazing team members. ■



# Free Clinic – How to Ski into Your 80s and Beyond

Just skiing more doesn't cut it as you get older. Instead, you must incorporate specific ski-conditioning exercises into your off/pre-season routine to get the most out this ski season. In this hands-on clinic, you'll learn what exercises to include, how to execute them and why — all without getting hurt.

The presenter, Ryan Carver, has been a strength coach and personal trainer for 15 years and owns Leverage Fitness Solutions

in Cottonwood Heights. Leverage Fitness specializes in helping retirees defy the status quo around aging. Carver also is a Functional Aging Specialist and an international finalist for Personal Trainer of the Year. ■

**Class details:** Free, Oct. 22, 5:30 to 6:30 p.m. at Cottonwood Heights City Hall

**Eventbrite link:** <https://www.eventbrite.com/e/how-to-ski-into-your-80s-beyond-tickets-71597180093>

