



Cottonwood Heights NEWS JOURNAL



THE VALUE OF BELONGING TO A TEAM

City Council Article Tee W. Tyler – DISTRICT 4

This past June on a beautiful Friday morning, my wife Debbie and I went to the Cottonwood Heights Recreation Center's outdoor pool to see for ourselves the third largest youth swim meet in our state, the Cottonwood Heights Aquatic Team (CHAT) Invitational.

Nearly 500 youth swimmers and their parents were there before 8 a.m. ready to swim and compete. Teams came from as far as St. George to the south and Idaho Falls to the north and many places in between.

The swim meet ran for three days, a steady rush of heats and finals and stats and swim strokes. Needless to say, as soon as the national anthem was completed the water in the outdoor pool was churning. It was great to see the team spirit, the sportsmanship, the coaching, the mentoring and the competition.

As we all know, it is a natural thing for teenagers to seek greater independence from mom and dad as they mature. Our youth seek and accept greater freedom as they approach high school graduation and beyond. Sometimes as parents we try to slow this process down a bit, but we all eventually recognize that this is a normal chain of events.

As our kids break away to do more of their "own thing," it is a real positive for their lives if they can belong to the right team at the right time for them. Whether through school programs, community athletics programs, the arts, academic teams, etc., being a part of a team can teach our children so much and provide support and mentorship to them as well.

In Cottonwood Heights, there are many examples of teams that have brought great experiences to our youth. They really are too numerous to mention, but here are a few that I have had the good fortune to become acquainted with in our city:

- Cottonwood Heights Youth City Council
- Model United Nations Teams
- Cottonwood Heights Aquatic Team
- Drama departments
- Debate teams
- Athletic teams for boys and girls
- Academic clubs
- Religious-sponsored teams

The teams in and around Cottonwood Heights are to be congratulated. Thanks to the coaches, assistant coaches and everyone who spends the time to mentor, train and coach our youth. Thanks to Canyons School District for providing so many team opportunities for us all—even the spectators! These groups help bring all of us together to participate in and contribute to our greatest team—our community.

Team work, long-lasting relationships and coaching moments will not soon be forgotten. The right team at the right time has always been and will always be one of life's great joys. *Now...let's go get 'em, team!*

Voting in the General Election

Cottonwood Heights residents will decide the races for Mayor, District Three Councilperson and District Four Councilperson in November. What you may not know is that the election won't be decided at the polls—it will be decided in your mailbox.

Cottonwood Heights city leaders decided to allow the city to be a test case for vote-by-mail elections in Salt Lake County this year and have seen outstanding results. The county-wide average voter turnout was just 15.6 percent in the August primary election, while Cottonwood Heights saw a voter turnout of 29.5 percent--the highest voter turnout of all municipal primaries in the county this year.

Many Cottonwood Heights residents are already familiar with the vote-by-mail process because of Salt Lake County's Permanent Vote-by-Mail program. In fact, 35 percent of registered voters in Cottonwood Heights are signed up for Permanent Vote-by-Mail. But there are also many residents who would like more information on this new process, and we hope to provide that

information through the questions and answers below.

Q. Who will receive mail ballots?

A. All registered voters in Cottonwood Heights who have voted in an election during the last four years will receive ballots for the general election. If you are a registered voter but haven't voted recently, you will receive a postcard with instructions on how to request a ballot. If you are not sure if you're registered to vote, visit the Salt Lake County Clerk's website at clerk.slco.org or call 385-468-8683.

Continued pages 5



CITY INFORMATION: City Council Members

- MAYOR**
Kelvyn H. Cullimore, Jr.
kcullimore@ch.utah.gov
- DIST# 1** - Michael Shelton
mshelton@ch.utah.gov
- DIST# 2** - J. Scott Bracken
sbracken@ch.utah.gov
- DIST# 3** - Michael J. Peterson
mpeterson@ch.utah.gov
- DIST# 4** - Tee W. Tyler
tyler@ch.utah.gov
- CITY MANAGER** –
John Park
jjpark@ch.utah.gov

CITY OFFICES:

1265 E. Fort Union Blvd. #250,
Cottonwood Heights, UT 84047
phone (801) 944-7000
fax (801) 944-7005

CALL DIRECT:

- Customer Service.....944-7000
 - City Manager.....944-7010
 - City Planning.....944-7065
 - Public Works944-7090
 - Recorder.....944-7020
 - Treasurer.....944-7077
 - Finance Director.....944-7012
 - Code Enforcement.....944-7095
 - Media Relations944-7015
 - Police Administration.....944-7100
- To hear the agenda for the next city council meeting call: 944-7003
For the planning commission agenda call 944-7004

For details about the agendas, check our web site: www.ch.utah.gov

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NUMBERS TO KNOW:

- Emergency..... 911
- Dispatch..... 840-4000
- Fire Authority..... 743-7100
- Animal Control.....840-4000
- Justice Court.....273-9731



Chief Robby Russo



Chief's CORNER



All Give Some, Some Give All

With the recent death of Draper Police Sergeant Derek Johnson in the line of duty, I thought it would be timely to address a related topic.

When an officer dies it sends shockwaves throughout the department and causes major trauma within the community. There is no bigger crisis in law enforcement than when an officer is killed in the line of duty. The death affects the officer's family, the extended family of the agency and/or department, and the community at large. I was humbled by the outpouring of support after Sgt. Johnson's death, not only from the law enforcement community but also from the citizens of Draper and Salt Lake County as a whole.

In addition to firearms, a sizable number of officers also die in job-related motor vehicle accidents, which unfortunately, do not often get the same attention and respect as deaths at the hands of criminals. But we have come a long way in reducing line of duty deaths. Fewer officers are dying in the line of duty today than 40 years ago, which I largely attribute to better officer training, more cops on the street, better use of protective gear, and improved medical response.

As regrettable as a line of duty death is, there is another grim statistic that is not often discussed. According to a study by the National Association of Police Chiefs, we lose twice as many officers each year by their own hand—about 300 annually—as are killed in the line of duty.

A recent study revealed that law enforcement officer suicides happen at an average rate of 18 per 100,000 officers per year. The rate of suicide in the general population is 12 per 100,000 people per year. Most of the victims are young males with no record of misconduct who shoot themselves while off duty. Although spotty reporting makes it hard to establish reliable numbers, most advocates believe officers face a higher risk of suicide because the job's stresses can compound an officer's personal or mental health problems.

I believe police chiefs have a key role in encouraging mental wellness, an area in which we desperately need to improve. The day-to-day experiences of police officers are very stressful and the tasks we ask our staff to do would be life altering for many people. Police officers have historically been slow to acknowledge their suffering in part because of a culture of silence in law enforcement and the stigmatization of mental illness, so it can manifest itself in alcohol/drug

abuse, misconduct or other self-destructive behaviors. Compound this over time in our modern world and the results become fairly predictable. Administrators need to send the message that feeling pain and seeking help don't mean an officer is weak or incapable.

City leaders and the Cottonwood Heights Police Department have taken steps to address this problem by training key staff members to recognize early warning signs. We also provide access to a very helpful Employee Assistance Program (EAP) which provides counseling to officers/families. The city is able to cover the cost of this program while protecting the privacy of the employee. We also have a policy to require an evaluation for officers involved in a traumatic incident before returning to duty.

If you'd like to show support for officers who have died in the line of duty and their families, I encourage you to become involved in these organizations:

Utah Law Enforcement Memorial
www.utahsfallen.org

The Utah 1033 Foundation
www.utah1033.org

Banquet Honors Outstanding Service by CHPD Officers, Staff



Chief Russo & Lexi Walker

On Sept. 4, Cottonwood Heights Police Department honored several people for their dedicated service to the city and its residents during a banquet at Market Street Grill.

City and community leaders joined the police officers and civilian staff to give thanks to several officers who went above and beyond the call of duty this year in their police work. From helping a resident out of her burning home to working undercover to help eradicate prescription drug fraud, the officers demonstrated courage and dedication in keeping Cottonwood Heights residents safe.

As part of the awards program, 11-year-old local singer Lexi Walker sang several songs, including the national anthem. Jonathan E. Johnson III, Executive Vice Chairman of Overstock.com, gave the keynote address followed by comments from Chief Robby Russo and Mayor Kelvyn Cullimore, Jr.

The following officers were recognized during the banquet:

- Officer of the Year** — Officer Ken Eatchel
- Chief's Award** — Sgt. Corbett Ford
- Prosecutor of the Year** — Tucker Hansen
- 2013 Art Brown Award** — Officer Michael Alcivar
- Meritorious Service Award** — Det. James Woods
- Unit Citation Award** — Code Enforcement Officers John Lovato and Tony Kassapakis
- Public Safety Medal** — Sgt. Dan Bartlett
- Police Star Award** — Officer Randall Maurer, Officer J.D. Tazoi, Sgt. Scott Ricks, Officer Brad Bailey and Officer Chris McHugh.



Banquet Honors



Johnathan E. Johnson III



Officer of the Year—Officer Ken Eatchel

NEIGHBORHOOD WATCH IS SIMPLE

The Happiest People Are Those Who Help Others

By Ernie Cummings, Neighborhood Watch Area Coordinator



Neighborhood Watch, simply put, is “neighbors helping neighbors.” It requires awareness and involvement. Neighborhood Watch is knowing that crime can and does happen and taking steps to prevent and report crime.

On March 13, 1964, the rape and murder of Kitty Genovese in Queens, New York outraged people after reports that a dozen witnesses did nothing to save Genovese or to apprehend her killer. This led to the formation of groups to watch over their neighborhood. In the mid ‘70s, a Detroit neighborhood banded together to combat drugs and prostitution in their neighborhood. Then the National Sheriffs’ Association formalized a program and promoted it across the country.

When Cottonwood Heights became a city in 2005, many Neighborhood Watch groups were formed under the Salt Lake County Sheriff’s Office. When Cottonwood Heights Police Department was formed in 2008, one of the first orders of business was to seek out these groups and encourage more groups to get involved. Neighborhood Watch is not a vigilante organization, as members are encouraged to contact authorities and not to intervene. “We see, we hear, we call” is our motto.

Many neighborhood watch groups are organized because of a trigger event such as the case cited above. But why wait

until a tragedy occurs? When neighbors know one another and care about each other, it is easy to form a group and have steps in place to prevent and report crime. This works well in a stand-alone group or as a function of a neighborhood association or other community cause such as emergency preparedness.

Here in Cottonwood Heights we embrace this tradition of helping and watching over our neighbors. Get to know who belongs in your neighborhood. Learn to spot suspicious behavior and report it. Program the police dispatch number, 801-840-4000, into your cell phone. Remember to secure your home and help your neighbors remember as well.

Scott Pelley of CBS News wrote, “The happiest people I have met are those in service to others. The surest way

to happiness is to be part of something bigger than ourselves. To reach out and touch another person with compassion and respect is a moment of humility that releases your spirit to soar.”

For information on how to become involved in Neighborhood Watch in your area, call Sheila Jennings at the Cottonwood Heights Police Department at 801-944-7032.



To volunteer and learn how to be a good neighborhood watch citizen, call Sheila at 801-944-7032



City Chooses New Public Works Services Provider



At city council meeting on Sept. 24, the Cottonwood Heights City Council voted unanimously to sign a three-year contract with Terracare Associates. The company will begin work in Cottonwood Heights on Nov. 1.

Terracare is a private landscaping and infrastructure management company based in Littleton, CO. They currently provide public works services for local government entities in Colorado and California.

Cottonwood Heights City Manager John Park said that though Salt Lake County has been an outstanding service partner in the past, city leaders wanted to shape a clearer picture of what the future of public works services in Cottonwood Heights should look like. As part of that decision, they felt it was important to consider both private and public service providers.

“Terracare is one of the few private firms we found that was actually providing this type of service,” said Park. “We spent a great deal of time with the cities of Lone Tree and Centennial in Colorado where Terracare currently provides public works services. Both cities highly recommended Terracare. They have been a tremendous team partner wherever they are, and we believe that will continue in Cottonwood Heights.”

As part of the contract with the city, Terracare will provide snow removal services, concrete

replacement, pavement management, general road maintenance, traffic sign maintenance, pavement striping, storm drain maintenance and other general tasks. Salt Lake County will continue to maintain traffic signal timing and street lights.

“Salt Lake County has been a great partner, and though we are moving forward in a new partnership, we are grateful for the services they have provided and continue to provide to Cottonwood Heights,” said Park.





See a familiar face?

The Cottonwood Heights Historic Committee displayed many classroom photos at Butlerville Days this year. These photos capture an important moment of time in the city's history, but some of the students in the photos have not been identified. We need your help to put names to the faces. If you recognize any of the people in this photo, please email your information to the committee's secretary, Sylvia Orton, at cedricsmom@comcast.net.

Thanks for your help!



Green Waste Collection Is Coming To Cottonwood Heights!

Earlier this year, Wasatch Front Waste and Recycling District announced that they will begin curbside collection of green waste for Cottonwood Heights residents beginning in March 2014.

The service is a voluntary subscription service, and the sanitation district is encouraging residents to pre-subscribe as early as possible. In order to request green waste collection, residents can call 385-468-6337 or email their name, address and phone number to green@wasatchfrontwaste.org.

Green waste collection fees include a one-time \$60 startup fee and an annual fee of \$114 for collection from mid-March to mid-December. Customers will receive a special green waste can with vents to release moisture from lawn and yard trimmings, fruit and vegetable scraps, eggshells, coffee grounds and tea bags. The new cans will be delivered starting in December.

Mountains, Local Ties Lead Pro Golfer Home To CH

In July of this year, pro golfer B.J. Staten made a splash at the Utah Championship golf tournament at Willow Creek Country Club when he came out of the first round with an 8-under-par score of 63. What many people may not know is that Staten is a resident of Cottonwood Heights.

Staten was born in Tennessee but spent most of his life in Texas. He played golf at the college level while he was attending the University of Houston. Then in 2001 he turned pro and currently plays on the PGA/Web.com Tour.

"It was definitely an eye-opening experience to be out there with the best players in the world," he said.

Staten has lived in Cottonwood Heights since 2011 when he and his wife Alisha,

who is originally from the Salt Lake Valley, were married and moved to Utah. They met at the 2010 Utah Championship at Willow Creek, and decided to settle in nearby Cottonwood Heights.

"I met Alisha on Wednesday morning at the ProAm Championship," he said. "We had dinner the next night and you can basically say the rest is history."



On the decision to move to Cottonwood Heights, Staten says he enjoys being close to the mountains and having easy access to fly fishing streams and skiing.

"I'm a big mountain guy, so it's wonderful to wake up and just look at the mountains every day," he said.

After spending most of the year on tour, Staten says he is glad to be home until the season starts up again in February. Until then, he will be testing new equipment and spending some quality time with his family.

"It's a blessing to be able to do this for a living," he said. "But after being gone for 30 weeks out of the year, it's a welcome sight to come home and have some down time."





COMMUNITY CULTURE

Join us next summer for **Fiddler on the Roof!** If interested in auditions or volunteering, follow the **Cottonwood Heights Arts Council page** on Facebook updates



Look for information about December's **"Winter Music Fest,"** sponsored by the Cottonwood Heights Arts Council.



LIBRARY TO HOST ANNUAL ART SHOW

Painting is silent poetry. ~Plutarch

The annual art exhibit is back! The Cottonwood Heights Arts Council presents its visual art show at the Whitmore Library gallery from Oct. 1 through Oct. 31, displaying the vibrant artwork of local artists. An artists' reception will be held on Thursday, Oct. 24 from 7 to 8:30 p.m. at the Whitmore Library. Come support the talent of our local Cottonwood Heights artists!

Voting in the General Election – Continued Page 1

Q. When will I receive my ballot?

A. The ballots are being mailed to voters on Friday, Oct. 4. If you haven't received your ballot by the following Friday, please call the county clerk's office to request a new ballot.

Make sure to sign the voter affidavit on the back of the return envelope with the same signature you used to register to vote. If you make a mistake, cross through the incorrect oval and name and then fill in the correct oval. Then, circle both the oval and the name of the correct choice. If you need a new ballot, call the clerk's office for instructions.

Q. Since the general election isn't until Nov. 5, why are ballots being mailed so early?

A. Ballots are mailed approximately 30 days in advance of the election. This allows voters to see which races they will decide and research the issues and candidates on which they will be voting.

Q. How do I turn in my ballot?

A. Ballots can either be mailed to the county clerk or dropped off at a designated drop site. Mailed ballots must be postmarked the Monday before the election. Ballots can also be dropped off at the city offices or county clerk's office any time before the election until 8 p.m. on election night.

Q. Who is running for office?

A. Mayor
Kelvyn Cullimore, Jr.
Peyton Robinson

District Three Councilperson

Mike Peterson
Nicole Omer

District Four Councilperson

Tee Tyler

Q. How do I mark my ballot?

A. Make sure to read all the ballot instructions before you start filling it out. Use a black or blue pen to fill in the ovals next to your choices.

Q. Can I just go to my regular polling location instead of voting my mail?

A. Regular polling locations will not be open during this year's general election, since every registered voter will have already received a ballot. There will only be one polling center open on Election Day, and it will be located at the city offices, 1265 E. Fort Union Blvd. Any voter who chooses to vote at the polling center must surrender their mail ballot to the election judge at the polling center.

Q. How do I know my vote has been counted?

A. The county clerk's office keeps a detailed record of the date when each ballot was sent out and also when it was received. If you have concerns about whether your vote was counted, you may contact the county clerk's office at 385-468-8683.

Q. Who do I contact if I have questions?

A. You can contact either the Cottonwood Heights City Offices or the Salt Lake County Clerk.

Cottonwood Heights City Offices: 1265 E. Fort Union Blvd. #250

City Recorder: Kory Solorio 801-944-7020

Salt Lake County Clerk: 2001 S. State St. #S1100

Elections Division: 385-468-7401 or email them at votebymail@slco.org.



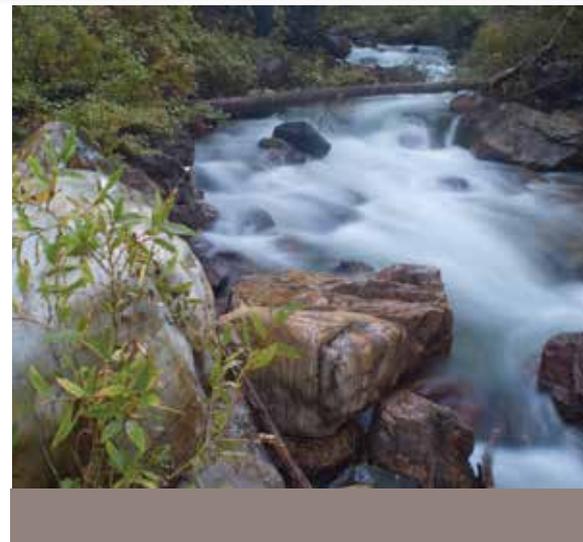
October 2013

buy shop **BUSINESS** and local support
merchants brick local
and mortar

COTTONWOOD HEIGHTS NEW BUSINESSES

Below is a list of new commercial businesses which have opened in Cottonwood Heights within the past month.

BUSINESS	BUSINESS ADDRESS	BUSINESS TYPE
Hafer Accounting & Tax Services	2825 E Cottonwood Pkwy #500	Accounting & Tax Services
Jamie Sutton @ Executive Stylists	2410 E Fort Union Blvd	Salon Services
Jones Simkins LLC	6715 S 1300 E #250	CPA Firm
KJP Wealth Management	6965 S Union Park Ctr #220	Financial Planning Services
Law Offices of Lou Gehrig Harris	6788 S 1300 E	Law Office
Union Park Veterinary Hospital	6757 S 1300 E	Veterinary Hospital



Take Care – We All Live Downstream!

Did you know that stormwater is rain, snow and sleet that goes down the gutter directly into our local ponds, rivers and creeks like Little Cottonwood Creek and many others?

It's never treated!

It's a fact! Everything stormwater picks up along its journey – dirt, litter, lawn clippings, pesticides and herbicides used for the lawn and garden, chemicals from soap used to wash cars, and pet waste – ends up in our local waterways causing serious damage to fish and plant life. Even hosing down your driveway can also create polluted stormwater. Remember, everything that goes down the storm drain affects the quality of stormwater.

You can make a huge difference in stormwater quality by following these seven simple steps:

1. Sweep dirt and debris onto your lawn instead of hosing down the driveway.
2. Pick up litter and place it in the trash.
3. Mulch or compost grass clippings.
4. Use pesticides and herbicides according to manufacturers' instructions.
5. Wash your car on the lawn with a biodegradable soap or at a commercial car wash.
6. Pick up pet waste. Place in a garbage bag or flush down the toilet.
7. Recycle used motor oil and dispose of household hazardous wastes at the landfill.



EMPLOYEES IN THE SPOTLIGHT

Deb Parkin
Forensic Specialist



Deb Parkin works for the Cottonwood Heights Police Department and is a highly trained forensic specialist. A graduate of Weber State University, her academic and career experience involve crime scene investigations, latent print processing and fingerprint examination. She is also a certified phlebotomist and marijuana leaf technician.

Previously, Deb worked for more than 15 years at the Salt Lake County Sheriff's Office, supporting their crime scene division as a technician and fingerprint specialist. Currently, she is an active participant in the Utah Bureau of Forensic Services Field Investigation Drug Officer (F.I.D.O.) Program and trains and works closely with the criminalists in the central forensic laboratory. She has held offices in the Utah chapter of the International Association for Identification and currently serves as the First Vice President. She recently earned her Crime Scene Investigator Certification and is working to complete her Latent Print Examiner Certification.

One of the more enjoyable training opportunities in which Deb was able to participate was at the F.B.I. Academy in Quantico, Virginia. The course subject was Police Photography and one particular exercise during the class involved aerial photography. Each member of the class was given the opportunity to strap themselves into a helicopter and "hang" out the open door to photograph the hotel area of Hogan's Alley training facility while flying over. Despite being deathly afraid of heights, she completed the assignment with a smile on her face!

Deb has been married for 25 years and has two boys educated in the Catholic school programs at Saint John the Baptist and Juan Diego High Schools. Her family will gain a daughter in-law in the spring of 2014 when her oldest son gets married.



Cottonwood Heights Recreation Center is teaming up with the city of Cottonwood Heights to host "Monster Mash on Ice."

where: **Cottonwood Heights Recreation Center**
Costumes are encouraged!
Activities include Scales and Tales, ice skating, Pumpkin Alley, treat bags, games and more!

All children 12 years old and younger are welcome

HISTORICAL QUESTION

In the 1950's there was a combination hog and mink farm in Cottonwood Heights. Who was the owner and where was the farm located?

ARE YOU FOLLOWING US?

facebook
www.facebook.com/chcity

twitter
@CHCITY | @CHPOLICE

These Resources Make Fall Cleanup A Cinch!

Though we were seeing 100-degree temperatures just a month ago, the familiar chill of fall is creeping into the air. With it comes the promise of beautiful colors, cozy nights curled up in a warm house...and lots of yard work!

We may not be able to help you get rid of yard work altogether, but there are several ways we can help make it easier for you.

- **FEE WAIVERS** — Wasatch Front Waste and Recycling offers fee waivers for pickup truck or trailer loads of bulk waste and green waste. The loads must originate from the user's personal residence, and cannot contain hazardous waste such as tires, batteries and chemicals. Waste will be accepted at the Salt Lake Valley Landfill, 6030 W. California Avenue, Monday through Saturday from 7 a.m. to 5 p.m. Fee vouchers are available at the Cottonwood Heights city offices.

- **FALL LEAF BAG PROGRAM** — Residents are encouraged to mulch or compost fallen leaves if possible. However, if composting isn't feasible, free leaf bags are available at the city offices, the Cottonwood Heights Recreation Center and Whitmore Library. Bags full of leaves can be dropped off in designated trailers at Bywater Park (3300 East 7420 South) from Oct. 15 until Nov. 30. The sanitation district will empty the trailers daily. Please do not put garbage, yard waste or other items into the leaf bag dumpsters, and please don't put leaves into recycle cans.

- **TRAILER RENTALS** — Wasatch Front Waste rents trailers to residents who need to remove a large amount of household bulk or green waste. The cost to rent a trailer for four days is \$30 for a green waste trailer and prices start at \$125 for household garbage and bulk waste. Bulk waste loads over two tons will be invoiced at an additional \$30 per ton up to an allowable load of four tons. Information on how to reserve a trailer is available at www.wasatchfrontwaste.org or by calling 385-468-6325.



CITY COUNCIL MEETING SCHEDULE

All City Council business meetings are held in the council chambers, 1265 East Fort Union Blvd., Ste. 300. The work meetings are held in the conference room at the same address but in Ste. 250. The October meeting schedule is as follows:

- **Tuesday, October 1st**
6 p.m. Work Meeting
- **Tuesday, October 8th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, October 15th**
6 p.m. Work Meeting
- **Tuesday, October 22nd**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, October 29th**
NO MEETING

October 2013

Member Appreciation Day Oct. 26
Members get a friend in free to any activity, even classes; enter a free prizes drawing at CHRC; free booths with deals from CH businesses; free food & more... become a member now to participate!

Cottonwood Heights Recreation Center

801.943.3190

7500 S. 2700 S.



Free Monster Mash Party on Ice

Friday Oct. 25
5-7pm

For kids 12 & under:
ice skating, games, prizes,
a pumpkin alley,
treats---ALL FREE!



Fall LTS Session II & Winter Show

All skaters that sign up for this session learn a short routine in their class & perform, at no extra cost, in the Cottonwood Heights Figure Skating Club's Winter Skate show on December 9. Sign-up at cottonwoodheights.com.
Classes start Oct. 22 & 23



UEA Oct. 17-18

Extra public skating:
2-4pm
Extra Open Plunge:
12noon-4pm
(in addition to reg. evening hrs)

Halloween, Oct. 31

Facility Hrs: 5am-5pm

Cottonwood Heights Thanksgiving 5k Run

Thursday Nov. 28
9am start

Celebrate the holiday with our annual 5k Run/Walk. To register, go to runcottonwoodheights.com or come to our front desk. Event is limited to 2,000 runners, so register early.

COTTONWOOD HEIGHTS



THANKSGIVING DAY 5K

Learn to Swim Sessions II, III, & IV

All ages & levels learn to swim in our indoor heated pools with our qualified swim instructors. Sign-up at cottonwoodheights.com.
Classes start Oct. 14, 15, 28, & 26 (mornings, evenings, or Saturdays)



Wow! New Fitness Classes

Come try our new classes: *Bodies in Balance*, *Cardio Dance*, and water aerobics 20/20/20. *Fit Kids* is available during the school year again, too (for ages 5-12 years old.)

Public Skating

Monday: 10:30am-1:30pm
Tuesday: 7-9pm
Wednesday: 10:30am-1:30pm & 7-9pm
Friday/Saturday: 2-4pm & 7-9pm
Sunday: 2-4pm

Cool Parties

Reserve the Ice Party Room or the Splash Zone Party Room: call 801.943.3190 x.0.



Cottonwood Heights Recreation

cottonwoodheights.com

HISTORICAL ANSWER

Answer To October
Historical Committee Question:

John Merrihew used to pick up broken wooden produce boxes from grocery stores and repair them, reselling the boxes back to the produce farmers. Because there was so much old produce in the boxes, he decided to buy some pigs to eat the produce and then sell the pigs for profit. He also grew produce and sold it from his home. His nickname was "The Farmer." The farm was located near the northwest corner of Highland Drive and Creek Road, and Merrihew's white house still stands today.



Cottonwood Heights is
VOTING BY MAIL this year.

The general election is **Nov. 5.**

More information on Page One
of this newsletter or at
www.ch.utah.gov.

