

Traffic Congestion in Cottonwood Heights

City Council Article Tee W. Tyler – DIST #4

Does it seem lately that it is taking longer to drive east or westbound on Fort Union Boulevard? Is it because there are more cars or is it the need for improved synchronization of street lights? What are the numbers, are they changing and, if so, what do we do about them?

These are some of the questions that have been discussed in our city council meetings. As we all know, Cottonwood Heights is a beautiful peninsula of land extending west from the Wasatch foothills midway south on Salt Lake County's east bench. Geographically, this makes our city a crossroads for all those that live in east Sandy or Draper and work in downtown Salt Lake City or who want to take advantage of the recreational opportunities in Big and Little Cottonwood Canyons.

To accommodate that traffic, we have 3 major I-215 freeway access points: Union Park Avenue, Highland Drive and 6200 South. These three freeway on-ramps create abnormally high traffic counts

during certain times of each work day, which affect our east/west travel abilities as well as many of our city's collector roads.

Major arterial roads are the main roads throughout the city and include Union Park Avenue, Highland Drive, 1300 East and Fort Union Boulevard. Of these four routes, two of them are north/south streets associated with I-215 on-ramps and therefore have the highest traffic counts: Union Park sees an average of 60,000 cars per day while Highland Drive accommodates an average of 52,000 cars per day. On the other hand, east/west arterial Fort Union Boulevard only sees an average of 27,000 to 40,000 cars per day. I believe that this heavy traffic on the city's north/south routes definitely has an impact on the flow of east/west routes.

Now let's take a look at the city's least-travelled roads, our local residential streets. The busiest residential roads in the city are Oakledge Drive with an average of 1,700 cars per day and Rolling

Knolls and Nye Drive, which each average around 1,200 cars per day. Though these numbers are nowhere near the traffic counts on our major arterial roads, it is still enough traffic to affect the residents who live on or near these streets.

In an effort to improve Cottonwood Heights' vehicular traffic flows, the city council has investigated and implemented a number of traffic calming measures such as street striping, radar signs, mid-block crosswalks and stoplight and stop sign changes in recent years. We are very aware of the future concern of having to deal with more and more cars on our roadways, most of them being driven by people who reside outside of our city.

To this end, we recently completed an upgrade to the Fort Union/Union Park intersection, installing more left turn lanes and streamlining the timing of the stoplights. We've also implemented traffic calming measures in a few local neighborhoods where the frequency and speed of through traffic had become a concern.

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City Manager Liane Stillman To Retire

Nearly eight years after Cottonwood Heights became a city, its first city manager is stepping down. On Sept. 5, Liane Stillman announced to staff members she had decided to retire. She will continue in her current position until the city council appoints her replacement.

"Everybody leaves their job eventually, and it's good to leave when the time is right," said Stillman. "The timing is good for the city. The department heads and elected officials are stable and are leading the city well."

Stillman's history with Cottonwood Heights began long before the city was formed in 2005. Having worked for nearly a decade to help residents in Holladay petition Salt Lake County for incorporation, she was recruited by the Cottonwood Heights Community Council to help them organize their incorporation effort as well. She spent two years working toward that goal.

"I became impressed with this community," she said. "I was impressed with the leadership, with the community's commitment, and with the uniqueness of this lovely area."

After the successful vote to incorporate, Stillman decided to apply to be the city's first manager and was appointed by the city council in November 2004.

"We chose Liane because she had specific experience in starting a new city," said Mayor Kelvyn Cullimore, Jr. "She learned first-hand how to run all the traps of starting a municipality. That experience has proven critical to assuring our success."

Because the city functions with a council/manager form of government, Stillman's job has been to implement the policies and strategic directions of the city council. She also supervises the city's day-to-day operations.

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CITY INFORMATION: City Council Members

MAYOR
Kelvyn H. Cullimore, Jr.
kcullimore@ch.utah.gov

DIST# 1 - Michael Shelton
mshelton@ch.utah.gov

DIST# 2 - J. Scott Bracken
sbracken@ch.utah.gov

DIST# 3 - Michael J. Peterson
mpeterson@ch.utah.gov

DIST# 4 - Tee W. Tyler
tyler@ch.utah.gov

CITY MANAGER –
Liane Stillman
lstillman@ch.utah.gov

CITY OFFICES:

1265 E. Fort Union Blvd. #250,
Cottonwood Heights, UT 84047

phone (801) 944-7000
fax (801) 944-7005

CALL DIRECT:

City Manager.....	944-7010
City Planning.....	944-7065
Public Works	944-7090
Recorder.....	944-7021
Treasurer.....	944-7077
Finance Director.....	944-7012
Code Enforcement.....	944-7095
Customer Service.....	944-7000
Media Relations	944-7015
Police Administration.....	944-7100

To hear the agenda for the next city council meeting call: 944-7003

For the planning commission agenda call 944-7004

For details about the agendas, check our web site: www.ch.utah.gov

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NUMBERS TO KNOW:

Emergency.....	911
Dispatch.....	840-4000
Fire Authority.....	743-7100
Animal Control.....	840-4000
Justice Court.....	273-9731



Chief Robby Russo



Chief's CORNER

How Do You Measure Police Services?

The Cottonwood Heights Police Department is entering its fifth year of service. It's fairly routine for employees everywhere to receive a performance evaluation, but doing a performance evaluation on an entire police force is a difficult and complicated issue.

As in many industries, one doesn't really know the strength or skill level of their law enforcement entity until they need service. For example, we have become better consumers of health services and education by asking for providers who have the best reputation for demanding high standards and the ability to promote the best product. I believe that in law enforcement, just as with doctors or teachers, the performance and quality of the service entity has a direct correlation to its success.

The key underlying issue is that the role of the police is seen differently by different social groups. Crime rates have long been used as a measurement for police success. However, there are many other factors that impact crime rates, making them a secondary measure of police performance. We have developed specific measures of success relative to citizen satisfaction beyond just crime rates.

Police departments are complicated to chart because it's nearly impossible to

measure a "positive" such as crimes that didn't occur. Statistics are important, but just tracking the number of cases opened and closed fails to offer a reliable assessment of an agency's effectiveness. The factor that makes a superior police department is proactive police work: stopping crimes before good people become victims.

CHPD has recently been featured in the media for suppressing crime through our community efforts and proactive policing. Some use the term "old school tactics," but the result of these methods is anticipating the actions of three armed robbers at the local Denny's and safely capturing them as they walk out the door to cops pointing guns in their faces.

There was also the suspicious vehicle stopped by a patrol officer, which turned out to contain criminals that had been doing armed robberies throughout the valley. On this occasion they had ski masks and a gun and had super-glued their fingertips, no doubt a trick they learned on CSI Miami to avoid detection. Their plan was to follow an employee leaving the Wingers Restaurant and mug her.

Then consider the drug dealer on La Cresta who was arrested with a half kilo of cocaine before he could make his delivery to an addict with a tendency to overdose.

When a citizen calls the police it represents a crisis and seconds seem like hours. Prior to

forming its own police department, the average response time for priority one calls (immediate threat to life) in Cottonwood Heights was over seven minutes. CHPD has cut that critical response time to an average of four and a half minutes. We also have the resources and expertise to solve not only vicious aggravated crimes but an unusually high percentage of property crimes.

Finally, we never apologize for arresting drivers we suspect are impaired before their actions result in a tragedy for one of our citizens. This approach appears to be working, as our serious injury and fatality accident rates continue to decline. As CHPD enters its fifth year, we sincerely appreciate the choice of our elected officials to self-provide police services.

In the next few weeks, we will be conducting customer service surveys and would appreciate your feedback to help us improve our service. Thank you for your support.



Substitute Crossing Guards Needed

School is now in session, and our crossing guards are working hard to keep our youngest residents safe. Right now, all crossing guard positions are filled, but the city is in need of substitute crossing guards to work with the Cottonwood Heights Police Department during the 2012-2013 school year.

Crossing guards must be 21 years of age or older and meet certain vision and hearing requirements. Job duties include escorting children across busy intersections, activating school crossing warning devices, and placing traffic cones.

Applications will be accepted throughout the school year and can be found at www.ch.utah.gov/human_resources.employment.html.

City Manager Liane Stillman To Retire

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Under her watch, the city has moved from humble beginnings—the city's first employees were interviewed at the library because the city didn't have office space yet—to a well-respected local government organization.

"A new city manager will have big shoes to fill," said Cullimore. "We will be very particular, realizing that Liane has set a very high bar of expectation for her replacement."

The complete job posting and employment application are available on the city's website. The city council will accept applications from job applicants until Oct. 8 at 4 p.m. The council will then narrow the list of applicants to those interviewed. The tentative start date for is Dec. 1.





www.cottonwoodheights.utah.gov

October is Domestic Violence Awareness Month

by April Ryce

Between July 1, 2011 and June 30, 2012, the Cottonwood Heights Victim Assistance Program offered services to 350 domestic violence victims in the city. However, these numbers reflect only the incidents reported to the police department.

We believe there are many more victims in this community whose stories have not been heard. Because October is Domestic Violence Awareness Month, we want to help residents understand the signs of abuse and how to get help.

Domestic violence is a systematic pattern of abuse which occurs when one person uses violence to gain power and control over another. The pattern of abuse may consist of a combination of physical, emotional, verbal, psychological, and sexual violence. Typically, the violence escalates and becomes more frequent and/or severe over time.

Many people know or have known a victim of domestic violence. If you suspect someone you know is being abused, there are steps you can take to help that person.

First, educate yourself to recognize the signs of abuse. Victims of domestic violence may have physical injuries such as bruises, black eyes, or broken bones. When asked about the injuries, victims sometimes minimize, deny, or make excuses about how they happened. They may wear clothing or accessories inappropriate for the weather in order to hide their injuries. It's also possible they will show an unusual amount of depression, anxiety, fear, suicidal thoughts, or tearfulness. Victims may be forced or coerced into isolation or they may choose to isolate themselves from others.

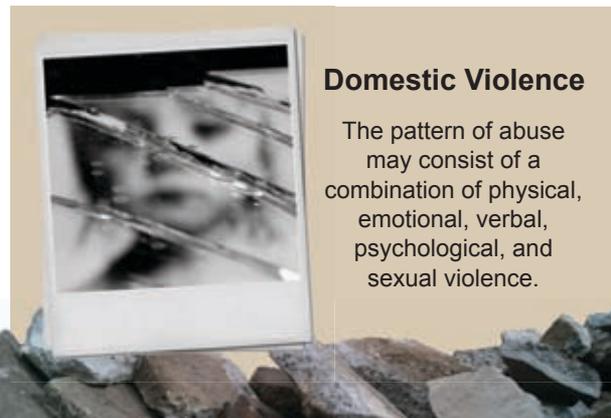
Second, know your own boundaries. Ask yourself if stepping into the situation will put you or your family in danger. If so, consider getting a third party involved. Remember to approach victims of abuse non-judgmentally. Believe

them, respect them, and let them know you are concerned. Tell them the abuse is not their fault. Point out their strengths. Discuss safety planning. Let them know there is help available, but do not tell them what to do. Stay in contact with the victim and maintain your support. You can also contact your local victim advocate for further assistance.

The Cottonwood Heights Victim Assistance Program helps victims of violent crime access resources and services needed to live a life free of abuse. We provide crisis intervention, emergency financial and shelter assistance, resource and referral services, support and advocacy throughout the criminal justice system, assistance filing compensation claims, and follow up services. Our services are available to victims who speak any language.

April Ryce is a full-time Victim Assistance Coordinator. She can be contacted Monday through Friday from 8 a.m. to 5 p.m. at 801-944-7042 or aryce@ch.utah.gov. Alexandra Perez is a part-time Spanish-speaking victim advocate and can be reached at 801-944-7053 or by email at aperez@ch.utah.gov.

No one deserves to be abused. If you are experiencing domestic violence in your home or know someone who may be a victim of domestic violence, please contact the Cottonwood Heights Victim Assistance Program. You can also contact the Utah Domestic Violence Hotline anytime, day or night, at 1-800-897-5465.



Domestic Violence

The pattern of abuse may consist of a combination of physical, emotional, verbal, psychological, and sexual violence.

Help Pets Be Good Neighbors, Too

Pets can be wonderful companions, and are a welcome part of our community. We thank the many responsible pet owners that live in Cottonwood Heights. However, when not properly looked after and cared for, pets have the potential to become nuisances to neighbors and animal control officers alike.

Lately, the city has received a high number of complaints related to pets in neighborhoods. (These complaints don't include the moose that moseyed through our city a week or two ago!) Most complaints are related to animals running loose, dogs barking for extended periods of time--especially during the night--and pet owners who do not clean up after their animals in neighborhoods and parks.

We'd like to remind pet owners to be considerate of neighbors and residents in the community at large by addressing any problems with pets quickly. If your dog is barking constantly or is making noise during the night, please bring the pet indoors and address the pet's needs. While walking dogs, make sure to carry the tools necessary to clean up after them. Most importantly, check fences and enclosures to make sure your pets can't escape and become a hazard to pedestrians and traffic.

Pets are governed by Title 8 of the city's municipal code, which can be found at www.ch.utah.gov/code.main.html. We encourage pet owners throughout the city to take the time to read and comply with the ordinance. Let's all take the initiative to become better neighbors!



Local Legislators Honored By Canyons School District



Two state lawmakers who represent Cottonwood Heights were honored for their service in the community at Canyons School District's third annual Apex Awards on Sept. 11.

Senator Karen Morgan was given the CSD Board of Education's highest honor, the Apex Legacy Award. A former educator herself, Morgan has consistently sponsored legislation she hopes will improve the education system in Utah. Not only did she support Cottonwood Heights when the city incorporated in 2005, she also carried legislation that allowed the creation of Canyons and has been a strong supporter of the district and its students.

Representative Derek Brown was selected as the 2012 Canyons School District Elected Official of the year. Like Morgan, Brown has sponsored education legislation which helped the district implement critical components of its college-

and career-ready academic plan. He also volunteers his time to the Brookwood Elementary School PTA.

Cottonwood Heights would like to express gratitude to these legislators for their determination to serve the residents of our city, whether through their service in the state legislature or through their efforts in the local community. Thank you!



*photos courtesy Utah State Legislature



Traffic Congestion in Cottonwood Heights

City Council Article Continued from page 1

In 2013, construction will begin on one of our busiest intersections: Fort Union Boulevard and Highland Drive. Plans include widening the intersection, installing more left turn lanes, using state of the art radar detection technology and upgrading the timing system on the stoplights with the goal of allowing more cars to pass through this intersection in a shorter period of

time.

We appreciate the patience and support of our citizens as we explore further new designs and techniques intended to ease the congestion of increasing vehicular traffic. We will do our best to continually seek solutions for our roadways and notify our residents of upcoming construction as early as we are able.



CHPD Welcomes Special Guest To Annual Banquet

On Sept. 26, the officers and staff of the Cottonwood Heights Police Department welcomed a special guest to their annual awards banquet—U.S. Representative Jason Chaffetz.

Chaffetz, whose district will include Cottonwood Heights residents beginning in January, was the featured speaker at the banquet. He used the opportunity to share personal experiences he has had with law enforcement officers throughout his life and to give a message to the department.

“If nothing else, I just want to say thank you, and I appreciate what you do,” he said, adding that he believes the vast majority of his constituents feel the same.

Police Chief Robby Russo and Mayor Kelvyn Cullimore, Jr. also addressed the group and expressed their gratitude for the service rendered not only by officers, but also by their families.

At the banquet, several officers were honored with awards for outstanding service.

- Officer Brad Bailey—Officer of the Year, Police Star
- Sergeant Dan Bartlett—Police Star
- Detective Casey Davies—Meritorious Service
- Officer Brian Eschtruth—Meritorious Service
- Sergeant Corbett Ford—Chief’s Award
- Officer Dan Morzelewski—Meritorious Service
- Officer Damian Olson—Police Star
- Sergeant Steve Olson—Meritorious Service
- Sergeant Scott Peck—Chief’s Award, Art Brown DUI/Alcohol Enforcement Award
- Officer JD Tazoi—Police Star
- Cottonwood Heights resident Ernest Cummings—Citizen Service Award



CHPD ANNUAL BANQUET

CITY COUNCIL MEETING SCHEDULE

All City Council business meetings are held in the council chambers, 1265 East Fort Union Blvd., Ste. 300. The work meetings are held in the conference room at the same address but in Ste. 250. The October meeting schedule is as follows:

- **Tuesday, October 2nd**
6 p.m. Work Meeting
- **Tuesday, October 9th**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, October 16th**
6 p.m. Work Meeting
- **Tuesday, October 23rd**
6 p.m. Work Meeting
(reconvenes following business meeting)
7 p.m. Business Meeting
- **Tuesday, October 30th**
NO MEETING

HISTORICAL QUESTION

Can you remember who built a house with a swimming pool in the middle of it on what is now Bengal Boulevard?

ARE YOU FOLLOWING US?





COMMUNITY CULTURE

Community Culture



Mixed Media Art Display

The Cottonwood Heights Arts Council would like to invite the city's residents to the annual mixed media Art Display at Whitmore Library from Oct. 1 through Oct. 31. The art will be displayed during the library's normal business hours downstairs in the multipurpose room. The library is open Monday through Thursday from 10 a.m. to 9 p.m., and Friday and Saturday from 10 a.m. to 6 p.m.

Visitors will also have a chance to meet the artists at a special event at Whitmore Library on Oct. 18 from 7 to 9 p.m. We hope to see you there!

Mark your calendars—Oct. 20 will be the closing event for Write for the Heights. Our keynote speaker will be Ken Verdoia of KUED. Mr. Verdoia has won several awards including 17 Emmys, 2 National Sigma Delta Chi awards in journalism, and the Governor's Award from the Utah Humanities Council.



In addition to hearing from Mr. Verdoia, we will also announce the winners of this year's writing contest and the winners will be given an opportunity to share their work. The event will begin at 10:30 a.m. in the downstairs conference room at Whitmore Library. Special thanks to the Salt Lake County Library System for their cooperation in this wonderful program and for arranging for this fabulous speaker!

The General Election: What You Need To Know



The signs, ads, and intense political conversations around our state—as well as around the nation—are all indications that the Nov. 6 general election is almost here. In order to help make sure each of our eligible residents has a chance to vote, we've compiled some quick facts about this year's election.

First of all, you can't vote unless you register. Any U.S. citizen who is 18 or older and has lived in Utah for at least 30 days can register to vote. For the general election, registrations will be accepted by mail until Oct. 9 and in person or online until Oct. 22. For more information on how to register to vote, visit the Salt Lake County Clerk's website at www.clerk.slco.org.

Second, you have to know where to vote. Besides basic voter registration information, the county clerk's website also contains information on polling precincts and locations. Are you going to be travelling or out of the country on the day of the election? You can apply for an absentee ballot, which must be returned to the clerk by Oct. 17 for overseas voters and Nov. 2 for voters in the United States.

Early voting will be available at the city offices, located at 1265 E. Fort Union Blvd. #300, from Oct. 23 to Nov. 2. Early voting hours at the city offices will be from 11 a.m. to 5 p.m. The county clerk's office will also offer early voting from Oct. 8 to Nov. 2. The office is located at 2001 S. State Street in the South Building, and voting hours there are 8 a.m. to 5 p.m.

You can also sign up to permanently vote by mail. This is a great option for people who travel often or find it difficult to vote in person. Ballots are mailed out approximately three weeks before the election, and can be returned any time in advance of Election Day. Vote by mail ballots can even be submitted at polling locations on the day of the election.

Third, it's important to know the candidates and issues you will be voting on. This year, voters will decide the country's president as well as several other federal, state, and county offices that will have great impact on the city's residents. Cottonwood Heights residents will also have a chance to vote on two state constitutional amendments as well as Salt Lake County's Proposition #1, a proposal for a \$47 million bond to build and acquire land for several parks and trails around the valley.

While it can be daunting to research candidates and issues that will appear on the ballot, the state of Utah has created a website that makes the research a little easier. Any registered voter who visits www.vote.utah.gov/on-my-ballot can look up the offices their votes will decide, background information on each candidate for those offices and explanations of the constitutional amendments which will appear on the ballot.

As for Salt Lake County's bond proposition, the county has created a website and distributed pamphlets that explain the purpose of the bond as well as financial impact it would have on county residents. Information can be found online at www.slco.org/parkbond. Pamphlets can be picked up at the city offices.

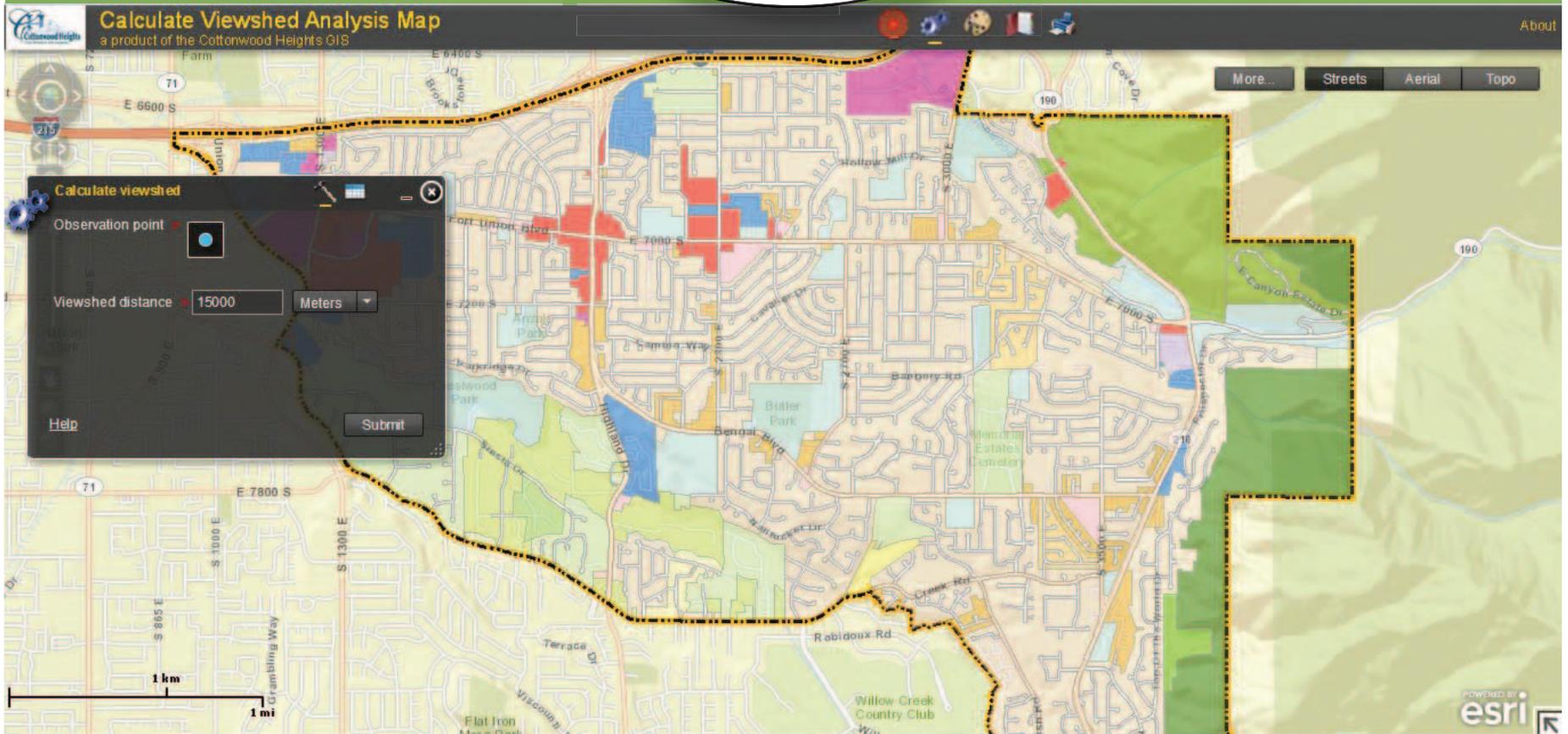
We urge residents to take the opportunity to vote in this year's general election. If you have questions about the election process, please call the Salt Lake County Clerk's office at 385-468-7400.

November 6th – General Election

DON'T FORGET TO

VOTE

October 2012



MAP OF THE MONTH

The Map of the Month for September is the “Calculate Viewshed” web application which can be found on the first page of the city website’s Interactive Map Gallery, located at www.ch.utah.gov/maps.main.html. This map calculates the view you should be able to see from any point on the map out to a specified distance of 20,000 meters.

When the application opens, click on the “Calculate Viewshed” menu item at the top of the map. It is represented by an icon of blue gears. Then, to identify a specific location on the map, click the blue dot in the dialog box

and then click your preferred location on the map. If you happen to pick the wrong spot click “Clear” and try again. If this is the correct location, adjust the viewshed distance if needed, then click the “Submit” button and let the fun begin! The application will show what can be seen up to the specified distance from the selected location.

We hope you enjoy using this web application. If you have any questions or suggestions about this web mapping application please feel free to email Kevin Sato at ksato@ch.utah.gov.

What if we were to experience a substantial natural disaster like an earthquake? Would you and your neighbors be prepared? If you have questions like these or if you want to get involved in helping to prepare your neighborhood to better survive such a catastrophe, please visit the CH Get Ready website at <http://chgetready.com>.



City Asks Residents To Comply With Short -Term Rental Ordinance

Cottonwood Heights is a wonderful place to live, with countless recreational opportunities available in beautiful Big and Little Cottonwood Canyons. Because the city council recognizes the positive effects of inviting visitors to our city, it established a process for property owners in certain city zones, excluding single family residential zones, to use their properties as vacation rentals or “short term rentals.” These are properties that are rented out for anywhere from three to thirty days at a time.

The process of registering a short term rental property requires property owners in approved areas of the city to obtain a valid business license and permit, as well as pay applicable fees and follow certain requirements listed in Chapters 5.85 and 19.89 in the city’s municipal code. These regulations give property owners a legal way to rent out their properties and ensure a positive experience for visitors

while mitigating possible negative effects for neighbors surrounding the vacation rental properties.

However, while many property owners choose to properly license their short term rentals and follow the city’s requirements, the city has become aware that there may be others promoting and renting out their properties without being in compliance with the city code. The penalty for operating an unlicensed short term rental property in the city is a misdemeanor citation for every day of non-compliance, with higher fees and possible further legal action to follow if the matter is left unresolved.

Cottonwood Heights is asking those who use their property as a short term rental to call Mike Johnson at 801-944-7060 to begin the process of registering their STR’s. Otherwise, property owners who are found to be running an unlicensed short term rental property will be subject to all penalties associated with that violation of the municipal code. Information



about short term rental regulations can be found at www.ch.utah.gov/code.main.html.

Residents who are concerned about unlicensed STR’s in their neighborhood can email the city’s code enforcement officers at RentalComplaint@ch.utah.gov.



Have your car seats and bicycle helmets become permanent fixtures in your garage or storage room? Don't throw them away—recycle them!

Most car seats are 100 percent recyclable. Instead of throwing them in the landfill, please drop them off during regular business hours at one of the following locations:

- URECYCLE, 2064 W. Alexander Street
- Salt Lake Valley Health Department Main Clinic, 3690 South Main Street
- West Valley City Hall, 3600 S. Constitution Boulevard
- Salt Lake Valley Transfer Station, 502 W. 3300 S.

For more information, call the Salt Lake Valley Health Department at 385-468-3880.



Cottonwood Heights and
Cottonwood Heights Recreation Center
Present

MONSTER MASH

At Cottonwood Heights Recreation Center,
7500 S. 2700 E.

Games, Ice Skating, Goodie Bags,
Haunted Hallway, Scales and
Tails Show, Mad Science Dry Ice
Demonstration



Friday, Oct 26th
4 to 6 P.m.

Costumes are optional, but we would love to see them!

Autumn Is Here— Time To Winterize The Yard!

Fall colors and cooler temperatures mean that homeowners will soon be raking mountains of leaves and trimming back vegetation to prepare their yards for winter. In order to help residents, Salt Lake County Sanitation is offering two options for disposal of green waste and bulk waste.

- **Fee waivers**—The sanitation district is offering fee waivers for pickup truck or trailer loads of bulk waste and green waste during the month of November. The loads must originate from the user's personal residence, and cannot contain hazardous waste such as tires, batteries and chemicals. Waste will be accepted at the Salt Lake Valley Landfill, 6030 W. California Avenue, Monday through Friday from 7 a.m. to 5 p.m. Fee vouchers are available at the Cottonwood Heights city offices.
- **Fall Leaf Bag Program**—Residents are encouraged to mulch or compost fallen leaves if possible. However, if composting isn't feasible, free leaf bags are available at the city offices, the Cottonwood Heights Recreation Center and Whitmore Library. Bags full of leaves should be dropped off in designated trailers at Bywater Park (3300 East 7420 South) between Oct. 15 and Nov. 30. The sanitation district will empty the trailers daily.



CH YOUTH CITY COUNCIL MEMBERS USE SMARTS TO EARN D.C. TRIP

On Sept. 14, during the annual conference of the Utah League of Cities and Towns, members of the Cottonwood Heights Youth City Council (YCC) competed in a civics bowl competition sponsored by Senator Mike Lee. However, not only did they compete against other groups their age, they won the competition—and the opportunity to spend some time in Washington D.C. as the senator's guests.

Morgan Valentine, Haley Roberts, Monika Kowalski and Steven Deng all participated in the competition.

"We answered questions about definitions and how principles apply to situations," said Valentine, who serves as the YCC Public Relations Specialist. "It was a little bit difficult, I'll be honest."

Though the group met Governor Gary Herbert, Senator Lee, and local government officials such as Murray Mayor Dan Snarr, Valentine said the part she enjoyed the most was the actual competition.

"It was that feeling you get when you get an answer right," she said. "It was great."

Details on the trip to the nation's capital are still being finalized, but all four YCC members say they are excited and looking forward to the experience.

Cottonwood Heights Recreation Center

801.943.3190

7500 S. 2700 S.



Member Appreciation Day Oct. 12
Members get a friend in free to any activity, even classes; enter a free prizes drawing at CHRC; free booths with deals from CH businesses; free food & more... become a member now to participate!

Free Monster Mash Party on Ice

Friday Oct. 26
4-6pm

For kids 12 & under: ice skating, games, prizes, a haunted hallway, treats---ALL FREE!



Fall LTS Session II & Winter Show

All skaters that sign up for this session learn a short routine in their class & perform, at no extra cost, in the Cottonwood Heights Figure Skating Club's Winter Skate show in December. Sign-up at cottonwoodheights.com. Classes start Oct. 23 & 24



UEA Oct. 18-19

Extra public skating: 2-4pm
Extra Open Plunge: 12noon-4pm
(in addition to reg. evening hrs)

Halloween, Oct. 31

Facility Hrs: 5am-5pm

Cottonwood Heights Thanksgiving 5k Run

Thursday Nov. 22
9am start

Celebrate the holiday with our annual 5k Run/Walk. To register, go to runcottonwoodheights.com or come to our front desk. Event is limited to 2,000 runners, so register early.



THANKSGIVING DAY 5K

Learn to Swim Sessions II, III, & IV

All ages & levels learn to swim in our indoor heated pools with our qualified swim instructors. Sign-up at cottonwoodheights.com. Classes start Oct. 2, 8, 22, 23, & 27 (mornings, evenings, & Saturdays)

Wow! New Fitness Classes

Come try our new *TRX, Yoga, Zumba Gold, & Fit Kids classes at CHRC in Oct.!

Reservations taken 2 days in advance
~Classes are limited, so come early~

Public Skating

Tues. & Wed. 7-9pm
Fri. & Sat. 2-4pm, 7-9pm
Sun. 2-4pm

Cool Parties

Reserve the Ice Party Room or the Splash Zone Party Room: call 801.943.3190 x.0.

Aqua Moms

Share a fun water workout w/ your child 3 mo.-3 yrs. of age Tues. 11am



Cottonwood Heights Recreation
cottonwoodheights.com

Cyclists, We Need Your Feedback!

According to the Salt Lake Valley Health Department, if every Utah cyclist wore a helmet while riding it would prevent an estimated three deaths, 59 hospitalizations, 920 emergency room visits and the loss of more than \$18 million in medical expenses each year.

Also, between 2007 and 2009, Cottonwood Heights children accounted for 105 emergency room visits as a result of accidents on non-motorized scooters, skateboards and bicycles.

Those are very persuasive arguments in favor of using bicycle helmets and encouraging bicycle safety!

Recently, Cottonwood Heights has begun working with the health department's Violence and Injury Protection Program to promote the use of bike helmets and also to gather information from cyclists about what it's like to ride in our city. We're also looking for suggestions on how to help people in the community understand the importance of bicycle safety.

However, we can't do it without your input! To that end, the health department has created



an eight-question opinion survey regarding community bike safety which we have linked to the front page of our website, www.ch.utah.gov. We urge you to go online and let us know your point of view.

In the meantime, please keep these bicycle safety tips in mind:

- Adults and children should wear a properly fitted helmet while riding bicycles, scooters and skateboards.
- Check your equipment before you ride and make any necessary adjustments.
- See and be seen. Make sure you are visible to others.
- Obey all traffic laws.
- Avoid riding at night.

Answer To October Historical Committee Question:

Albert and Jean Bowthorpe Meyer built a home on her parent's property located on Bengal Boulevard near 2400 East. They built a swimming pool and then built a house all the way around it. The house is now Cannon Mortuary. The swimming pool had to be filled in and cemented over.

Albert owned a jewelry store in Salt Lake City. And here is one last trivia tidbit: it is thought that the Meyers had the first television set in Butler.

